

# BIP Worksheet

*For Behaviors that you Want Increased*

## **Purpose**

The purpose of this worksheet is to help you systematically select foundational techniques for **increasing** a target behavior.

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## **Analysis of Behavior**

Please check each of the following that you believe may be preventing the student from consistently performing the target *desired* behavior

Target Behavior: \_\_\_\_\_

### Environmental Accommodations

- Are the **expectations** for behavior clear from the student's perspective?
- Are there **adequate materials** to perform the behavior?
- Is **feedback provided** so that the student fully recognizes when the target behavior has been performed correctly?

### Consequence Manipulation

- Does the desired behavior result in some sort of **punishing consequence** (or "no" consequence)?
- Does the undesired behavior result in some sort of **reinforcing consequence**?
- Are the **consequences consistent** both for performing the desired and undesired behaviors?
  - o *Do the desired behaviors result in enough reinforcement?*
  - o *Do the undesired behaviors result in something aversive?*

### Skill Training

- Could the student perform the behavior if his or her life depended on it?
    - o *a.k.a. "Has the student **been taught and fully learned** to perform the desired behavior?"*
  - Has the student had enough **opportunities to practice** the skill to become proficient at using it?
  - Can the desired behavior be simplified or substituted to **make it easier to perform**?
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## **Determination of Techniques**

For each of the checked items above, decide upon what might be done to reduce the discrepancy

- *Make expectations clearer*
- *Rearrange, add, or remove certain consequences*
- *Provide better resources*
- *Train the skill or train necessary support skills*
- *Provide more consistent & specific feedback*
- *Provide opportunities to practice the skill*