**BIP Worksheet**

*For Behaviors that you Want Increased*

**Purpose**
The purpose of this worksheet is to help you systematically select foundational techniques for increasing a target behavior.

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**Analysis of Behavior**
Please check each of the following that you believe may be preventing the student from consistently performing the target desired behavior

**Target Behavior: ____________________________**

**Environmental Accommodations**
- Are the **expectations** for behavior clear from the student’s perspective?
- Are there **adequate materials** to perform the behavior?
- Is **feedback provided** so that the student fully recognizes when the target behavior has been performed correctly?

**Consequence Manipulation**
- Does the **desired behavior** result in some sort of **punishing consequence** (or “no” consequence)?
- Does the **undesired behavior** result in some sort of **reinforcing consequence**?
- Are the **consequences consistent** both for performing the desired and undesired behaviors?
  - Do the desired behaviors result in enough reinforcement?
  - Do the undesired behaviors result in something aversive?

**Skill Training**
- Could the student perform the behavior if his or her life depended on it?
  - a.k.a. “Has the student **been taught and fully learned** to perform the desired behavior?”
- Has the student had enough **opportunities to practice** the skill to become proficient at using it?
- Can the desired behavior be simplified or substituted to **make it easier to perform**?

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**Determination of Techniques**
For each of the checked items above, decide upon what might be done to reduce the discrepancy

- Make expectations clearer
- Rearrange, add, or remove certain consequences
- Provide better resources
- Train the skill or train necessary support skills
- Provide more consistent & specific feedback
- Provide opportunities to practice the skill

BIP Worksheet 1 Behavior Increase Techniques

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